

# Maria Shanti



Ancient tools for modern times

**Maria Shanti** is a Integrative yoga instructor for 20 years.

She is a Red path medicine woman who has facilitated:

consciousness retreats

feminine energy circles

temazcals

medicine music

cacao experiences

moving meditations

union and blessing ceremonies

different types of Shamanic energy healing

initiations of the elements

ecological construction

healing through conscious breathing

- Instructor of Yoga conscious meditation at Maya Tulum

**2005/2018**

- Red road white buffalo pipe keeper **2005**

- Feminine healing circles & Mayan traditions weddings Tulum

**2003/2022**

- Fire ceremonies Tulum festival **2021**

- Sweat lodge Tulum, France , Portugal **2003/2023**

- Yoga feminine Retreat Akalki Bacalar Temple **2021/2022**

- Conscious breathing session Akalki Temple **2021/2023**

- Sound Ceremony Akalki Temple **2022/2023**



contact: +52 984 136 1432  
marinenaf@yahoo.com.mx